

## MASSES

**Saturday Vigil** 6.00pm

**Sunday** 9.30am 11.00am, 12.30pm

**Weekdays** Mon. Wed. Friday **10.00am**,  
Tuesday & Thursday **7.15pm**

### Exposition of Blessed Sacrament

every Tuesday 10.30am-7.15pm

### CONFESSIONS

Friday: 10.30am

Saturday 5.30pm-6.00pm

Tuesday and Thursday :before or after  
evening Mass

### BAPTISM COURSES

1st & 3rd Thurs of the month 8pm

**BAPTISMS:** 1st and 3rd Saturday of the  
month at 7.00pm

**MARRIAGES** Three months notice

Parochial House 71267070

Email:office@holyfamily-parish.com

Web www.holyfamily-parish.com

Parish Sisters 71260398

Holy Family School 71267798

St. Eithne's School 71377077

### PARISH GROUPS

**11am Choir** practices Tuesday at 7.45 .

New members welcome

**Scripture Group** Thurs 7.45pm

New members always welcome!

**A.A** .Fridays and Sundays at 8.00pm in  
Upper Room.

## PENITENTIAL

**I am sorry for my sins and with God's  
grace I will try to:**

*Spend more time in prayer.*

*Be faithful to my spouse.*

*Stop taking what is not mine*

*Be content with what I have*

*Be more patient and kind;*

*Be more pure;*

*Seek out the lonely;*

*Let go of a grudge*

*Do more penance;*

*To stop blaming others;*

*Use words of thanks and praise;*

*To listen more than I talk; to seek  
forgiveness;*

*Be more generous and helpful;*

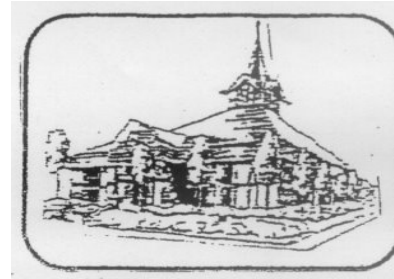
*Bring more joy into our home;*

*Stop cursing and lying;*

*Be grateful for my blessings;*

*Be content with what I have.*

*To try to be a better person;*



## HOLY FAMILY CHURCH

Sun 1st March 2020 Vol. 38 No 09

## SEEING YOUR LIFE THROUGH THE LENS OF THE GOSPEL

Jesus rejects the temptations in the Gospel because he chooses commitment to his mission and dependence on his Father over any immediate gratification. We can all be tempted to go for some immediate satisfaction, but is that where happiness lies? Have you found that some times there is more contentment in saying 'no' for the sake of some long term goal? One way of looking at this Gospel is to say that Jesus went into the desert to face his demons. We all have demons we need to face—fears, prejudices, anger and urges that lurk within. It is in facing our demons that we find a way to live a fuller life.

The first thing we are doing when we undertake penance is acknowledging that we are sinners. The second thing we are doing is expressing the desire to change our lives. The whole object of penance is to reform a sinful way of life.

Penance is an exercise in saying 'no' to ourselves. It is intended to show that we are capable of better things, and that we sincerely want those things. We want to reform our lives, but we know we cannot do so without the grace of God. Its purpose is to acquaint us with our better side- 'I'm not a bad person' I can do better'. It means taking a step in the right direction.

I invite you to face your demons, to take that step by availing of the sacrament of Reconciliation after Mass.

**SYMPATHY** We offer our sympathy to the family of Phyllis Cunningham Benview Est and Simone Cunniss Glenbank Rd who died during the week. May she rest in peace.

**BAPTISMS Our parish family welcomes:**

Elsie Elaine Best Syngé Court  
Tyler Scott Syngé Court  
Aodhan Thomas Tracey  
Whitehouse Park  
Kya Jade Gough Kylemore Park

**ANNIVERSARIES**

Annie Maguire, Nell & Leo Gill  
Seamus McLaughlin, John Donaghey  
Bernadette Murray Margaret Harkin,  
Lorna & Bridget McGeady,  
Sally Villa, Margaret McCarthy  
Mark, Nicki & Shane Thompson

**SUNDAY COLLECTION 23rd Feb**  
£1963.14 and €110.32 Standing Orders  
£375

**EUCHARISTIC MINISTERS for December**

**Vigil Mass** Sr. Paula, Rhianna  
McLaughlin Colette Deeney Frankie  
Doherty, Oran Kelly

**9.30am** Myra Grant, Doreen Rice Wray

**11.00am** Geraldine/Norman  
Theresa Ferry, Danielle Archer  
Margaret Hamilton

**12.30am.** Elaine McCloskey,  
Caitlin McCann, Sean Moore,  
Paula Campbell, Aoife McDermott

**READERS FOR MARCH**

**Vigil Mass** Sister Paula  
**9.30am** Bill Heaney  
Jim Campbell

**11.00am** Martin Doherty

**12.30pm** Louise McCloskey

**HOLY FAMILY, PADRE PIO PRAYER GROUP**

will hold their monthly meeting on Tuesday 3 March in starting with Mass at 7.15pm. There will be a first class relic at the prayer group. All welcome.

**TROCAIRE BOXES** There are still some areas in the parish where Trocaire Boxes have not been delivered. If you would be willing to help distribute please pick them up at the main door of the church.

**Marian Movement of Priests** - There will be a cenacle of the Marian Movement of Priests in St. Columba's Church, Long Tower on Friday 6th March at 8:15pm. Followed by refreshments. All welcome.

**Marian Devotions** take place in the Termonbacca on Tuesday 3rd March at 7.30 p.m. All Welcome.

**DIOCESE OF DERRY MISSION TEAM MEETING:** If you are interested in being part of our Diocesan Mission Team to promote and foster mission awareness at home and overseas, please come along and join us for our next meeting next Tuesday 3<sup>rd</sup> March at 7.00pm in Ardstraw House, 21A Buncrana Rd. next to St Columb's College. All welcome For further infotel Fr David O'Kane 71337727.

**THORNHILL MINISTRIES Praying**

**Lent** Invitation to be part of a praying community during Lent Led Meditation, Exposition, Mid-Day Prayer, and the welcome Lenten soup! Thursdays 5, 12, 19, 26 March 2 April 10:30am-12:45 pm Suggested Donation: £10 To book, or for more info tel 71351233 thornhillministries@derrydiocese.org. We bsitewww.thornhillministries.co.uk

**TERMONBACCA**

**SENIOR CITIZENS RETREAT** -  
Thursday 19th March - Cost for day - £15  
Stg/20 Euro.

**SILENT WEEKEND RETREAT FOR LADIES** Fri 3rd - Sun 5th April

**ACCORD Derry Marriage Preparation Workshops**

April 24<sup>th</sup>/25<sup>th</sup> May 15<sup>th</sup>/16<sup>th</sup>  
June 19<sup>th</sup>/20<sup>th</sup> in Thornhill Ministeries  
Culmore Road Booking now online at  
www.accord-ni.co.uk

**PILGRIMAGE TO FATIMA** 9th -16th  
September. 7 nights full board. £719.  
Tel Martin and Jeannie Doherty  
07955170503

**HOLY FAMILY  
PILGRIMAGES 2020  
MEDJUGORE**

30th May -6th June  
Cost £589 Deposit £100

**LOURDES 3rd-8th July**  
Cost £699 Deposit £200

Tel Margaret 07732468511  
for details

Savings Thurs: 8-9pm in

**APA (A Partnership with Africa)** is holding two events on the following dates: Bag Packing at all Longs Supermarkets on Saturday 4<sup>th</sup> of April, 10am -6pm. Street Collection Derry City Centre: May Friday 1<sup>st</sup> and Saturday 2<sup>nd</sup> . 10:00 - 6pm. If you would be willing to help please please contact: Peigi 07725751359 - Jane 07813068316.

**LENT ON LINE RETREAT** Do a 3 day retreat focusing on Prayer, Fasting and Almsgiving available throughout Lent. Register with Priory Institute 0035314048124 This Lent retreat is free and offered entirely online must be in by Friday 28th February

**MELODIES & MEMORIES** - a music group for people living with dementia, their family members or carers and older members of the community who like to sing and enjoy a bit of craic - will now be rehearsing in The Acorn Centre, beside St. Peter's Church, Culmore Road, beginning 2nd March. The group meets each Monday afternoon, 3.30 - 5.15. Please phone 07561706815 for information.