

MASSES

Saturday Vigil 6.00pm

Sunday 9.30am 11.00am, 12.30pm

Weekdays Mon. Wed. Friday **10.00am**,
Tuesday & Thursday **7.15pm**

Exposition of Blessed Sacrament
every Tuesday 10.30am-7.15pm

CONFESSIONS

Friday: 10.30am

Saturday :5.30pm-6.00pm

Tuesday and Thursday :before or
after evening Mass

BAPTISM COURSES

1st & 3rd Thurs of the month 8pm

BAPTISMS: 1st and 3rd Saturday
of the month at 7.00pm

MARRIAGES Three months notice

Parochial House 71267070

Email:office@holyfamily-parish.com

Web www.holyfamily-parish.com

Parish Sisters 71260398

Holy Family School 71267798

St. Eithne's School 71377077

PARISH GROUPS

11am Choir practices Tuesday at
7.45 . New members welcome

Scripture Group Thurs 7.45pm
New members always welcome!

A.A .Fridays and Sundays at 8.00pm
in Upper Room.

THE ABCs OF LIFE

Accept differences,

Be kind;

Count your blessings;

Express thanks;

Forgive;

Give freely;

Harm no-one;

Jettison anger;

Keep confidences;

Love truly;

Master something;

Nurture hope;

Open you mind;

Pack lightly;

Quell rumours;

Reciprocate;

Seek wisdom;

Touch hearts;

Understand;

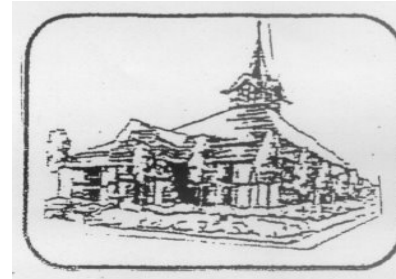
Value truth'

Win graciously;

Yearn for peace;

Zealously support a

worthy cause.



HOLY FAMILY CHURCH

Sun 7th July 2019 Vol. 37 No 27

HOLY GROUND

I wandered along the beach,/ the sun up
high in the sky

And bathed in the summer glory / of a
warm day in July.

I walked to the winding river,/ so near to
Bunagee

Like the seagulls in the sky/ I felt happy
and so free.



I gave praise for the beaming smile/ of a boy digging in
the sand

His mum and dad asleep / while getting a bright red tan
and the brave few who dared/ go into the turquoise sea
shivered, screamed and shrieked /as the cold hit their
shaking knees.

I heard your gentle whisper /in the wind and the
crashing waves

the laughter of small children /with their
buckets and their spades.

And away there in the distance/ the fort of bold Dunmore
Keeping guard so proudly/ of Culdaff's white golden
shore.

With a spring in my step/ and a song in my heart
I meandered along /until time to depart.

And return to my garden/ to talk to my bees

Or simply sit there in silence/ with a hot cup of tea.

[fr. p.o 'kane]

ANNIVERSARIES Shauna Hume, Ann McColgan, Billy Lindsey

SUNDAY COLLECTION 30th June £1588.18 and €132.69

PRO BONO A trained therapist has offered her free services to people of the parish who may need counselling. One hour meetings once a week in the parochial house. Are you depressed or is there some problem that is stopping you from being happy? Please contact Fr Paddy if you think you could benefit from this kind offer

ST MARIA GORETTI PRAYER MOVEMENT – Prayer for healing for victims of abuse and reparation for the Church. First Holy Hour of Prayer in the Immaculate Conception Church, Trench Road, Derry, on Tuesday 16th July 2019 at 8.15pm, led by Fr Sean O'Donnell. The group will meet on the third Tuesday of every month thereafter. Everyone welcome

MARRIED COUPLES, MARRIAGE ENRICHMENT WEEKEND. The next Weekends will be in Dromantine, Newry, from 13th - 15th September and 15th-17th November in the Lake Hotel, Killarney For more information or to book, www.marriageencounter.ie or call 07702812321 or (087) 784 0408

YOUTH 2000 SUMMER FESTIVAL, takes place in the Clongowes Wood College Co. Kildare from Thursday 15th – Sunday 18th August For young people aged 16-35, this is a great opportunity to find out what your Catholic faith is all about in a friendly, chilled out atmosphere. The festival is donation only. Free buses available from all around Ireland. For more info and to book online, see www.youth2000.ie or phone 01 6753690

SAFEGUARDING Any concerns in regard to Safeguarding children or adults in need of protection within the Church contact: Noel O'Donnell, Diocesan Pastoral Centre,, 71362475, mobile 07596500793 or Celine McKenna, Diocesan Pastoral Centre, 71362475, mobile 07707311358 or PSNI (101) or Social Services: Gateway Team 71314090,

LOUGH DERG 2019: The Three-Day Pilgrimage is currently open. You may begin on any day until Tuesday 13th August. Advance booking is not necessary. The Lough Derg team can help you to co-ordinate public transport or link up with Pilgrimage Organisers in your locality. Phone Lorraine on 071 9861518 (from NI 00 353 71 9861518) email: info@loughderg.org

PILGRIMAGE TO MEDJUGORJE Bookings now being taken for a Pilgrimage to Medjugorje Sunday 15th — 22nd September. Total cost £579 per person sharing £100 deposit required. For more details contact John Murray on 0780 1105575 or 82 841265 after 6pm

GUIDED MUCKISH HILL CLIMB: The Pilgrimage Trust provides a pilgrimage for children and young people with intellectual disabilities, medical conditions and social needs to Lourdes every Easter and depends on fundraising to do this. The IPT is delighted to host its first Muckish Mountain Charity Guided Climb, on Sunday 21st July, starting at 10am, with registration near Our Lady's Shrine on the R256 Falcarragh Road. Cost €10. For any queries please phone 087 6888 230 or 087 7962 046 or visit Facebook page Muckish Charity Climb in Aid of The Irish Pilgrimage Trust. .

SEAN DAVIS "4 Day Outdoor Summer Fun Soccer Academy" takes place at Templemore Sports Complex from Monday 8th to Thursday 11th July . For further details Tel. Sean Davis 71263044.

SLIMMING WORLD at Holy Family School every Thursday 5pm-7pm. Tel Valerie 07756455438

GARDENING COMPETITION Entries to the Age Concern Annual Gardening Competition are open for all gardeners 60+. All entries big or small are welcome. Contact Older People North West on 028 71 347 478 or email

development@olderpeoplenorthwest.org for entry forms and rules.

FREE DROP-IN HEARING AID MAINTENANCE SUPPORT Old Bridge House, Glendermott Road, Derry, Wed July 10 between 3.30pm and 4.30pm. A free service for people with NHS hearing aids. Action on Hearing Loss run free, drop-in support sessions for those who need a bit of help with everyday issues like comfort, maintenance, changing ear mould tubing and batteries, and adapting to life with their NHS hearing aids. For further information contact Mary Cruickshank on 02871 320167 or , 07918767640.

MILLENNIUM FORUM – Access Information Day on Thursday 25 July '19 @ 11am & 12 noon to show people what we do, this will include tours, question and answer sessions, demonstrations on our accessibility equipment and entertainment from Stage Beyond. We will also have a “wee cuppa and a biscuit”, For info or to book a place contact Lisa Heaney on lisah@millenniumforum.co.uk or tel 02871 272779. Book early