

MASSES

Saturday Vigil 6.00pm

Sunday 9.30am 11.00am, 12.30pm

Weekdays Mon. Wed. Friday **10.00am**,
Tuesday & Thursday **7.15pm**

Exposition of Blessed Sacrament
every Tuesday 10.30am-7.15pm

CONFESSIONS

Friday: 10.30am

Saturday :5.30pm-6.00pm

Tuesday and Thursday :before or
after evening Mass

BAPTISM COURSES

1st & 3rd Thurs of the month 8pm

BAPTISMS: 1st and 3rd Saturday
of the month at 7.00pm

MARRIAGES Three months notice

Parochial House 71267070

Email:office@holyfamily-parish.com

Web www.holyfamily-parish.com

Parish Sisters 71260398

Holy Family School 71267798

St. Eithne's School 71377077

PARISH GROUPS

11am Choir practices Tuesday at
7.45 . New members welcome

Scripture Group Thurs 7.45pm
New members always welcome!

A.A .Fridays and Sundays at 8.00pm
in Upper Room.

LET YOUR LIGHT SHINE

Our deepest fear is not that we are inadequate but that we are powerful beyond measure.

It is our light not our darkness that most frightens us.

We ask ourselves 'Who am I be to brilliant', gorgeous, talented and fabulous?'

Actually, who are you not to be?

You are a child of God.

Your playing small doesn't serve the world.

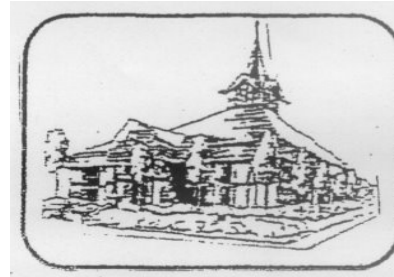
There's nothing enlightened about shrinking so that other people won't feel insecure around you.

We are born to make manifest the Glory of God that is within us.

It's not just in some of us; it's in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates other.



HOLY FAMILY CHURCH

Sun 10th Feb 2019 Vol. 37 No 06

AFRAID NO LONGER. Imagine you were Peter that day on the shores of the Lake of Gennesaret, exhausted after fishing all night and fed up that he and his companions had caught nothing. Then Jesus appears and asks Peter to go fishing again. What was Peter's human reaction? A brief moment of honest frustration. But he decides to take the risk and give it a chance . He put his trust in Jesus and what a reward he received. Like Isaiah in the first reading, he experienced the power of the Lord in a personal way. His relationship with Jesus changed dramatically. Confronted by the enormity of what had just happened and what he saw as his own human inadequacies, he tells Jesus he is '*not worthy to be your follower*' but Jesus reassures and empowers him with those calming, empowering words '*Do not be afraid*'. At that decisive moment he and the others left everything behind and followed him.

There are times in my life when things get on top of me, and don't go according to plan . There are times when, like Peter I get frustrated, disillusioned and overwhelmed. When I am down in myself feeling hurt and upset by circumstances sometimes outside my control I try to take comfort in Christ's reassuring advice, '*Do not be afraid*'. He is walking along side me on my journey-and yours too. We should put our trust in him, reach out to him in prayer and experience a God who is very close to us, if we allow him into our lives.

Am I brave enough to take that risk and see where it leads?

SYMPATHY We offer our sympathy to the family of Bridie McDonald, Inchview and Mary Gill Templegrove who died during the week. May they rest in peace.

ANNIVERSARIES

Maureen Barr, Mary Devlin, Daniel McLaughlin, Bernadette Brady Don Stewart

OFFERTORY PROCESSION

6.00pm Lucy Warren & family

12.30pm Chloe Star Callaghan & family

SUNDAY COLLECTION 4th Feb £1861.58 and €70.25 Standing Orders £160. Thank You.

PASTORAL PLAN Meditation, discussion, crack, a light supper and even the odd bit of music Absolutely everybody welcome! Young and old, believers but especially non-believers. We will discuss our faith, including the new Pastoral Plan: 'God is Love' Beginning here on Thursday 14th February at 7.45pm in Upper Room

PARKINSON'S UK need volunteer workers: home-based roles, a couple of hours per month. Call Emma McKeown on 0344 225 3673 for further information, or email emckeown@parkinsons.org.uk

RACHELS VINEYARD weekend retreats: a healing opportunity for anyone struggling with the spiritual or emotional pain of an abortion. The weekend aims to help you experience the love, mercy, compassion and forgiveness of God. For information call Marian in complete confidence on 07814748744 or email marianrvni@yahoo.co.uk.

PILGRIMAGE TO HOLY LAND 6 -14 October Spiritual Director: Bishop Donal McKeown. Price: £1,330 / €1,445 pp sharing (inclusive). For further enquiries or to reserve a place, email: info@marian.ie or tel 028 9568 0005 / 003531 878 8159.

BHCP LUNCH CLUB for over fifties from the area every Friday at 12 noon till 1pm in the Community Centre at Shaw Court The COMMUNITY GARDENS are open to everyone who would like to take a raised bed.

Dance classes on Thursdays for the elderly fro 10am till 12 at the community centre Shaw court all welcome Tel Billy Page 71/271977

GOOD MORNING NORTH WEST provides reassurance to older and vulnerable people of all ages in the community through the use of daily phone calls and support. If you would like to more about the service, contact Karyn Cunningham on 028 71353694

THE COLMCILLE LADIES CHOIR will be celebrating 50 years since it's formation in 2020. To celebrate this big achievement they are inviting past members to re-join and auditioning new members. For more information contact Anne Gallagher, Secretary at 71284867 and 07913383475

ACCORD DERRY Marriage Preparation Workshops February 8th/9th 2019 22nd & 23rd March . April 12/13th May 17/18th June 14/15th Booking now online at www.accordni.com

A HEALTH EVENT will take place in the Holy Family School on the 26th Feb 5pm -7pm . all the major agencies that work in the area will be attending like Zest , HURT, PINK LADIES, COMMUNITY WARDENS , CRJ , Oral health teams , plus many more-an opportunity to meet and greet the groups that are in the area delivering these vital services .

THE LIFESTART GROWING CHILD PROGRAMME The Growing Child parenting programme aims to support parents through the early years of your child's development and works towards school readiness for your child. and is delivered to parents on a one-to-one basis in their own home. contact Eilis on 07921371744 to hear more.

HOLY FAMILY PILGRIMAGES 2019
MEDJUGORE 2nd –9th Juue
£579 Deposit £100
LOURDES
11-16 July . Cost £689
Savings and Deposits Thursday
8-9pm in Parochial House
Tel 07732468511 for details

AA Can't Stop Drinking? Call Alcoholics Anonymous 90351222 Two meetings weekly in immediate area Meetings daily within Derry area

Back on Track is a programme within Solas, a charity for children with additional educational Retired teachers or people who have experience in working with children needed to provide 1:1 support on a voluntary basis. One morning per week for a minimum of 15 weeks after a full induction course. Please contact Kate at Sólás on 90247600, or email progs@solasbt7.com for details

Eye testing for the housebound Local opticians Douglas & Cobane offer a FREE home visiting service for the housebound .They also provide specialist eye testing for those with Autism and learning disabilities. For further information 71 343803.

SLIMMING WORLD at Holy Family School every Thursday 5pm-7pm. Tel Valerie 0775645543