

IS GAMBLING AFFECTING YOUR LIFE? Perhaps we can help. Tel: 028 71351329

GIVE BLOOD SAVE LIVES Blood Donation Sessions in Foyle College on Mon 15th August 12.30pm-7.30p

HOPE - FOR OUR PILGRIM JOURNEY The Priory Institute two week on-line Summer School is reflective, informative and interactive and will run from 11 August. The course includes eight recorded presentations and two on-line zoom discussions and is very flexible as it is delivered entirely online. Find out more and register prioryinstitute.com Tel: +353 (01) 404 8129

Part-Time Certificate in Religious Education for Primary School, with Online Delivery: ATU St Angelas is inviting applications for this programme, which begins Autumn 2025. The programme is open to Qualified primary school teachers and Qualified post-primary school teachers who wish to transfer to primary school teaching. Parents, sacramental preparation teams and parish catechists who have a specific interest in the area of primary religious education may also apply. Closing date for Applications is Friday 15 August 2025. For further information, contact Mary Kearns, Senior Administrator, School of Education, ATU St Angelas, Lough Gill, Sligo. Email: mary.kearns@atu.ie or visit website: www.atu.ie

SEAN DAVIS "4 DAY OUTDOOR SUMMER FUN SOCCER ACADEMY" takes place at Templemore Sports Complex on Monday 4th to Thursday 7th August Boys and girls aged 5 to 18 years are welcome. Times: 10:00 am to 3.00 pm. For further details Tel. Sean Davis 07787791880

SAFEGUARDING NOTICE If you have any concerns with regard to Safeguarding children or adults in need of protection with in the Church please contact Marie Gormley, the Diocesan Liaison person 07956500793 or at the Safeguarding Office Pastoral Centre 164 Bishop Street or PSNI or Social Services: Gateway Services WHSC Trust 71314090 for Duty Social Worker

Sun 20th July 2025

Vol. 43 No 29

MASSES

Saturday Vigil 6.00pm
Sunday 9.30am, 11.00am, 12.30pm
Mon ,Wed ,Fri, Sat 10.00am Tues and Thurs 7.15pm

CONFESSIONS

Saturdays from 10.30am-11.30am & 5.15pm-5.50pm
Tues ,Thurs 6.45pm – 7.10pm

BAPTISMS

Saturday at 4.30pm

MARRIAGES

Three months notice and marriage preparation necessary

PAROCHIAL HOUSE

71267070

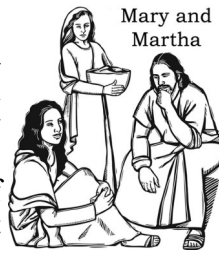
1 Aileach Road Ballymagroarty BT48 0AZ
Email: office@holyfamily-parish.com
Website: www.holyfamily-parish.com
Webcam: Click on website and follow the links
Parish Office 9.45am-1.45pm Mon– Fri

Parish Priest:
Fr Joseph Gormley

Curate
Fr Kevin Mulhern

MARY LISTENED

There are times when, more than anything, all we need is a friend to listen. We were told in today's Sunday's Gospel how Jesus needed a listening ear more than food and how Mary saw his need. Then she gave him her full attention. Like poor Martha we too may need training in the art of listening and quietness, living as we are in a state of constant noise and bustle.



A good way to start is by deliberately paying attention to all the gentler sounds around you, sounds that come from the furthest distance, sounds of things you cannot see. Listen to the wind... sighing or blowing. Learn to love the little pitter-patter of the raindrops. Listen every day to the song of the birds. Perhaps it's the sound of things that tick or even the expansion or contraction of pipes in your home.

Attend next to the gentle sounds and the rhythms of life within you. Get in touch with the quiet rhythm of your breathing... intakeholding... letting go. Breathe in what is bright and pure such as love, joy and peace. Breathe out the darkness of anger, pain and fear. Pick up the rhythm of your heartbeat....working away unnoticed within you. Feel the ground beneath your feet and your clothes against your skin. Learning how to be quiet and still will dispose us for prayer. Then we can listen to God in one of his many ways of speaking to us.

Firstly he said *'Be still'* and then *'Know that I am God.'*

SYMPATHY We offer our sympathy to the family of Bernadette Nelis, The Branch who died during the week. May she rest in peace.

ANNIVERSARIES We pray for whose anniversaries occur at this time Eddie McCallion, Rosemary, Jack, & Anne McGeady, Breidge Doherty Michael & Mark McCann

SUNDAY COLLECTION 6th July £1889.11. and €89.57 Standing Orders £375 We thank you for your continuing generosity to the collection

VOCATIONS That those considering a vocation to the diocesan priesthood will always, like Mary in the gospel, "...choose the better part..." and, like St Paul "... become a servant of the Church... responsible for delivering God's message... the mystery of Christ among you, your hope of glory."

ROSARY ON THE COAST today Sunday 20th July at 3pm on Benone Strand for world peace and the protection of the unborn.

A MESSAGE FROM SR. ANN -The great things your contributions are being used for On RTE 1, tomorrow Monday 21st July at 9.35pm, a programme called "THE LAST IRISH MISSIONARIES" is being televised. It shows the work carried out by Irish Priests and Sisters and in particular the work being done by Sr. Mary Killeen a Sister of Mercy in the Mukuru slums of Nairobi, Kenya, pictures presently displayed on Church walls. This will give a great insight to you the Parishioners of Holy Family and beyond how your generous donations and support given over the years is making such a huge difference. May God Bless and reward you all. Sr Ann

LIGHT THE FIRE Come and celebrate our Catholic faith on Slane - the hill where St Patrick lit the first Paschal fire in 433AD. This is a divine invitation to witness the Archbishop of Armagh symbolically light the fire of faith, hope and love, first kindled by our patron saint. Eurovision's Dana will sing her song for St Patrick, Light the Fire. Gathering begins at noon and includes mass, Eucharistic healing, praise and worship and Rosary. More info at lightthefire.ie or email info@lightthefire.ie

DIOCESE OF DERRY THREE-DAY PILGRIMAGE TO LOUGH DERG led by Bishop Donal McKeown starts on Friday, 26 July, and concludes on Sunday, the 28 July. Bus will leave St Eugene's Cathedral, Derry, on Friday 26 July at 11.00am. Cost £95 including transport. Cost for those making their own way to Lough Derg, £70. Pre-booking is required for those travelling by bus. Please email tony.brennan@derrydiocese.org or tel the Diocese Office on 028 71262302 for booking form.

NATIONAL GRANDPARENTS PILGRIMAGE at the Shrine of our Lady of Knock, also celebrating the World Day for Grandparents and Elderly, Sunday 27 July. Anointing of the Sick 2.30pm. Mass 3.00pm, followed by Rosary: Children are invited to write a prayer for their grandparent(s). Prayers can be sent to Knock Shrine and all intentions will be remembered during the liturgy.

TRÓCAIRE CLIMATE CHAMPIONS PROGRAMME Trócaire is looking for people to be Climate Champions who are passionate about climate justice to join a six-session programme in the autumn to build their campaigning and activism skills. As a climate champion in this programme, you'll get equipped with the skills, knowledge and connections with others to put meaningful pressure on your local politicians in the build-up to this year's pivotal COP30 global climate conference in Brazil. Call for applicants: Apply to join new Climate Champions programme - Trócaire